

GLUTEN FREE (MONDAY—SATURDAY)

STARTERS & SNACKS

PRAWN COCKTAIL £7.00

SALAD PRAWNS IN A MARIE ROSE DRESSING SERVED WITH BREAD & BUTTER

SOUP OF THE DAY £5.50

SEE OUR CHALK BOARD FOR TODAYS SOUP SERVED WITH BREAD & BUTTER

POTATO SKINS (V) £6.00

SALT & PEPPER SEASONED POTATO SKINS SERVED WITH SWEET CHILLI DIP

THAI FISH CAKES £8.00

GRILLED HOMEMADE THAI FISHCAKES SERVED WITH CUCUMBER, GROUND NUTS & CHILLI DIP

MAINS

SEASIDE FISH & CHIPS

SMALL £8.00 STANDARD £14.00

COD COATED IN CRISPY BATTER SERVED WITH HOME CUT CHIPS & A CHOICE OF MUSHY PEAS, GARDEN PEAS OR SALAD & TARTAR SAUCE

GAMMON STEAK

5^{0Z}* WITH ONE TOPPING £7.50

10^{0Z}* WITH TWO TOPPINGS £13.00

HORSESHOE GAMMON STEAK TOPPED WITH EGG OR PINEAPPLE SERVED WITH HOME CUT CHIPS & GARDEN PEAS

CAJUN COD BITES

SMALL £8.00 STANDARD £14.00

CHUNKS OF COD COATED IN CAJUN SPICED BATTER SERVED WITH HOME CUT CHIPS, SALAD & SWEET CHILLI DIP

LIVER & BACON

SMALL £7.50 STANDARD £13.00

PAN FRIED LAMB'S LIVER, BACON & ONIONS IN A RICH GRAVY SERVED WITH MASHED POTATO & VEGETABLES

SALT & PEPPER CHICKEN

SMALL £8.00 STANDARD £13.50

CHUNKS OF BATTERED CHICKEN STIR FRIED WITH PEPPERS, ONIONS & CHINESE SEASONING SERVED WITH RICE & SWEET CHILLI DIP

THAI CHICKEN £13.50

GRILLED CHICKEN BREAST SMOTHERED IN A GREEN THAI CURRY SAUCE SERVED ON A BED OF RICE FINISHED WITH GROUND NUTS & PEA SHOOTS

VEGETABLE STIR-FRY £11.00 (VE)

PAN FRIED VEGETABLES IN A SWEET CHILLI & GINGER SAUCE SERVED WITH A TIMBALE OF RICE

WHY NOT ADD STRIPS OF CHICKEN FOR £3.00?

PORK LOIN STEAK £14.00

GREEK STYLE MARINATED PORK LOIN STEAKS ON A BED OF RICE WITH TOMATO & CHILLI SAUCE, SERVED WITH DRESSED LEAVES AND HUMMUS

SIDES (V)

CHIPS £4.00

SALT & PEPPER CHIPS £5.00

SIDE SALAD £3.50

SEASONAL VEGETABLES £3.50

GRAVY £1.00

SUNDAY

MAINS

ALL OUR ROAST DINNERS ARE SERVED WITH A YORKSHIRE PUDDING, ROAST & MASHED POTATO, SEASONAL VEGETABLES & A MEAT STOCK GRAVY

LAMB

SMALL £8.00 STANDARD £12.50

BEEF, PORK OR GAMMON

SMALL £7.50 STANDARD £12.00

TRIO OF MEATS £15.00

SLICES OF LAMB, BEEF & PORK

CHICKEN SUPREME £11.50

NUT ROAST (V) £11.50

CRANBERRY AND APRICOT NUT ROAST SERVED WITH SEASONAL VEGETABLES, NEW POTATOES & A VEGETARIAN GRAVY

POTATO, LEEK & CHEESE PIE (V) £11.00

SAUTEED POTATO & LEEKS IN A CHEESY BECHAMEL SAUCE TOPPED WITH A PUFF PASTRY LID SERVED WITH CHIPS & GARDEN PEAS

SEASIDE FISH & CHIPS

SMALL £8.00 STANDARD £14.00

COD COATED IN CRISPY REAL ALE BATTER SERVED WITH HAND CUT CHIPS & A CHOICE OF MUSHY PEAS, GARDEN PEAS OR SALAD & TARTAR SAUCE

CAJUN COD BITES

SMALL £8.00 STANDARD £14.00

CHUNKS OF COD COATED IN CAJUN BATTER SERVED WITH HOME CUT CHIPS, SALAD & SWEET CHILLI DIP

IMPORTANT (FOOD INFORMATION REGULATIONS 2014): ALLERGY ADVICE AVAILABLE PLEASE SEE STAFF OR MATRIX ON THE WALL. **NUTS & SEEDS:** ALL FOOD IS PREPARED IN OUR SMALL KITCHEN THAT CAN COME INTO CONTACT WITH NUTS / SEEDS. OUR VEGETABLE OIL IS MANUFACTURED FROM GENETICALLY MODIFIED SOYA.

V = VEGETARIAN VE=VEGAN

FISH: ALL OF OUR FISH IS ORDERED BONELESS BUT, AS WITH ALL FISH, SMALL BONES MAY BE PRESENT. * APPROXIMATE UNCOOKED WEIGHT